



Registration form

Please return this form filled in and signed, with your full payment

PARTICIPANT				
Family name :	First name :	male : <input type="checkbox"/>	female : <input type="checkbox"/>	
Date of birth :	Place of birth :	Nationality :		
Address :				
Zip code :	City* : <i>*Residents in Cannes/Mougins : 10% discount on workshop fees on presentation of a proof of address, except for those who can benefit from PNSD student/partner school special fees</i>	Country :		
Land line :	Cell :	Parents number :		
*PARENT'S EMAIL ADDRESS (compulsory) :				
SESSION <input type="checkbox"/> 28 th June to 3 rd July 2025 <input type="checkbox"/> 8 th to 14 th July 2025				
<input type="checkbox"/> 17 th to 23 rd July 2025 <input type="checkbox"/> 20 th to 26 th August 2025				
REGISTRATION FEES				
<input type="checkbox"/> Annual membership fees		34 €		
<i>*Compulsory, valid from September 1st 2024 to August 31st 2025</i>				
<input type="checkbox"/> « Unlimited classes » package during the chosen session				
STAGE N°1 (6 days)				
<input type="checkbox"/> Normal fee		<input type="checkbox"/> 479 €		
<input type="checkbox"/> Younger than 13 years old		<input type="checkbox"/> 435 €		
<input type="checkbox"/> PNSD students or partner school students ¹		<input type="checkbox"/> 262 €		
<i>Please enclose a certificate from your school. Partner schools : contact us</i>				
STAGE N°2 – 3 – 4 (7 days)		ONE SESSION	2 SESSIONS	3 SESSIONS
<input type="checkbox"/> Normal fee		<input type="checkbox"/> 546 €	<input type="checkbox"/> 947 €	<input type="checkbox"/> 1 393 €
<input type="checkbox"/> Younger than 13 years old		<input type="checkbox"/> 479 €	<input type="checkbox"/> 836 €	<input type="checkbox"/> 1 148 €
<input type="checkbox"/> PNSD students or partner school students ¹		<input type="checkbox"/> 301 €	<input type="checkbox"/> 535 €	<input type="checkbox"/> 713 €
<i>Please enclose a certificate from your school. Partner schools : contact us</i>				
<input type="checkbox"/> Single classes (on reservation)		<input type="checkbox"/> 28 € per class <input type="checkbox"/> 228 € for 10 classes		
TOTAL (including membership fees)			€	
OPTIONS : <input type="checkbox"/> Full board (Accommodation + meals)* <input type="checkbox"/> Half board (Meals only)*				
<i>*Please fill in the « boarding request » form page 2/12</i>				
I will attend the entrance audition for the PNSD Rosella Hightower 2025/2026 school year :				
*If you wish to apply for an entrance audition, please fill in the dedicated form				
<input type="checkbox"/> Dance & Academic Studies (11-13 years old), Thursday 3rd July 2025				
<input type="checkbox"/> Dance & Academic Studies (14-16 years old), Friday 4th July 2025				
<input type="checkbox"/> Upper school – DNSP Programme (17-21 years old), Saturday 5th July 2025				

« Boarding request » form

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PARTICIPANT				
<input type="checkbox"/> Male		<input type="checkbox"/> Female		
SESSION <input type="checkbox"/> 28 th June to 3 rd July 2025		<input type="checkbox"/> 8 th to 14 th July 2025		
<input type="checkbox"/> 17 th to 23 rd July 2025		<input type="checkbox"/> 20 th to 26 th August 2025		
<input type="checkbox"/> FULL BOARD – ACCOMODATION & MEALS				
<i>*Only for participants choosing the « unlimited classes » package</i>				
STAGE N°1 (6 days)				
<input type="checkbox"/> Double or triple room		<input type="checkbox"/> 610 €		
<input type="checkbox"/> Single room		<input type="checkbox"/> 1 129 €		
STAGE N°2 – 3 – 4 (7 days)		ONE SESSION	2 SESSIONS	3 SESSIONS
<input type="checkbox"/> Double or triple room		<input type="checkbox"/> 745 €	<input type="checkbox"/> 1 344 €	<input type="checkbox"/> 1 942 €
<input type="checkbox"/> Single room		<input type="checkbox"/> 1 310 €	<input type="checkbox"/> 2 157 €	<input type="checkbox"/> 3 184 €
<input type="checkbox"/> SUPPLEMENTARY NIGHTS REQUEST (73 € / night)				
<input type="checkbox"/> 27 th to 28 th June	<input type="checkbox"/> 3 rd to 4 th July	<input type="checkbox"/> 4 th to 5 th July	<input type="checkbox"/> 5 th to 6 th July	
<input type="checkbox"/> 6 th to 7 th July	<input type="checkbox"/> 7 th to 8 th July	<input type="checkbox"/> 14 th to 15 th July	<input type="checkbox"/> 15 th to 16 th July	
<input type="checkbox"/> 16 th to 17 th July	<input type="checkbox"/> 23 rd to 24 th July	<input type="checkbox"/> 19 th to 20 th August	<input type="checkbox"/> 26 th to 27 th August	
<input type="checkbox"/> HALF BOARD – MEALS ONLY (1 meal per day during the chosen session)				
<i>*For external participants only. Once you choose this option, you must pay for it, no refund possible.</i>				
<input type="checkbox"/> STAGE 1 – 6 meals : 66 € / person				
<input type="checkbox"/> STAGE 2/3/4 – 7 meals : 78 € / person				
<input type="checkbox"/> Single meal : 12 € / person				
<i>*tickets on sale at the school</i>				
<input type="checkbox"/> FULL BOARD OPTION – Accompanying adult			→ Please contact us	
ROOM PLACEMENT PREFERENCE (boys and girls being separated)				
<input type="checkbox"/> I wish to share the room with (full name of your friend) :				
TOTAL AMOUNT DUE			€	
<i>Annual membership fees + workshop fees + boarding option (full board / supplementary nights / half board)</i>				

GENERAL CONDITIONS *please read carefully*

Number of students • Places are limited. Registrations will be considered in order of arrival (registration form + confirmed payment) until the maximal number of participants is reached.

Classes • The school will form groupes based on participants' age and levels. If a teacher spots a participant with a different level, the school reserves the right to move the participant to a more appropriate group.

A workshop session can be cancelled for lack of participants. In this case, participants will be informed.

Full board option • This option is only available for participants choosing the “unlimited classes” package.

If you choose this option for two or more sessions, nights and meals between one session and the following are offered.

Hand and bath towels are not provided by the school.

Deposits • Each participant must give a deposit at check-in: 150 € (*full-board option*) in cash or French cheque.

Participants will get their deposits back on the last day, after giving the room keys back and after the room check by the school's staff.

Extra nights • Dinner and breakfast are included.

Meals • Non-taken meals will not be refund.

Insurance/health plan • Parents must subscribe the proper insurance policies and health plans required for their child and make sure that he/she is fully covered in case of accident or damages he/she may have or cause during the stay. They will provide a Social liability certificate to the school before the 1st day of stage.

Payment conditions • To complete your inscription, you must pay 50% of the fees when sending the registration (see Payment methods below). **Please, attach a proof of payment for the registration.**

Cancelation or early departure during the workshop • No refund possible. In case of injury or illness, and only with a medical certificate, you will receive a credit that you can use for another workshop session.

PAYMENT METHODS

By **French cheque** in euros € to « **PNSD** »
(specify name of the student)

**Foreign cheques and holidays cheques are not accepted.*

By **bank transfert** (specify name of the student)

**please, join the proof of the payment with the registration form*

**all bank transfert fees will be at the participant's own expenses*

Online by credit card on our website :

<https://www.pnsd.fr/pay> (specify name of the student)

By **credit card** calling us at +33 (0) 4 93 94 79 84 (*From Monday to Thursday, from 9am to 4pm*)

I certify having read and accept the Terms of Sales and the School's rules (pages 4-10 of this contract)

Bank details			
Account owner : PNSD ROSELLA HIGHTOWER			
Domiciliation : SG NICE ENTREPRISES1 (03549)			
17 AV AUGUSTE VEROLA - 06200 NICE			
Bank code	Agency code	Account no.	RIB Key
30003	03549	00150018640	88
IBAN : FR76 3000 3035 4900 1500 1864 088			
BIC : SOGEFRPP			

SIGNATURE :

PARENTAL DELEGATION IN CASE OF EMERGENCIES

During the dance workshop, from _____ to _____

In case of emergency (accident or illness), I undersigned (*Name/First Name*) _____

authorize the Pôle National Supérieur de Danse Rosella Hightower

to take my child (*Name/First Name*) _____ to the
hospital by the emergency services.

I also authorize the medical team to assure all the necessary medical interventions which need to be done.

City _____

Date _____

SIGNATURE of the parents / legal responsible

please write « *Read and approved* »

Note : In case of emergency, the school will immediately inform the family.

ALLERGIES

Does your child have any allergies : NO

YES **please, provide a medical certificate*

If yes, please specify : _____

Rights for images / photos

I undersigned (*Name/First Name of the student*) _____

Accept to be photographed, recorded or filmed during my stay at the school. The PNSD Rosella Hightower will be authorized to use the photos for the school image promotion, for creation of communication or advertising tools, either for itself or for any other authorized physical or moral person, without any specific financial counterpart, these possible shots or recordings can be made on any support, for a period of 10 years after the date of the end of the attended session.

City _____

Date _____

SIGNATURE of the parents / legal responsible

please write « *Read and approved* »

Going-out authorization form

Students of 14-18 years old only

STUDENT

NAME First name

Date of birth Parents' phone number

Parents' e-mail

CHOSEN WORKSHOP

28th June to 3rd July 2025

8th to 14th July 2025

17th to 23rd July 2025

20th to 26th August 2025

PLEASE NOTE: Underage students under 14 cannot go out except with the school supervising team and monitors.

Underage students aged between 14 and 17 can go out and freely organize their schedule during the whole stay, if they have a written authorization from their parents or legal guardians.

Please fill in and sign this form.

During his/her stay, I authorize my child to go out by him/herself (unaccompanied) :

EVERY DAY BETWEEN 10 AM AND 6 PM

EVERY DAY BETWEEN 6 PM AND MIDNIGHT (students aged 16 to 17 only)

WITH A PARENT OR AN ADULT FRIEND

The person(s) who will come to take the child must sign a discharge form.

CONTACTS / Parent or adult friend Mobile numbers

(Name/First name)

Date:

Signature of the parents or legal guardian of the child:

INTERNAL REGULATION PNSD - TRAINEES

ARTICLE 1 - OBJECT

The purpose of the National Superior Pole of Dance Rosella Hightower is:

- To encourage the development of choreographic studies and lessons related to this art (amateur training, initial cycle, higher cycle).
- To develop and promote teaching and choreographic art on its territory.
- To issue national diplomas for which it is authorized.
- To issue establishment diplomas.
- To organize the preparation for these diplomas by way of initial or continuous training, apprenticeship or the validation of acquired experience.
- to implement qualifying continuous training in the field of his skills,
- Organize the partnerships necessary to allow its students to follow a school path in parallel with their dance training.
- To implement qualifying continuous training in the field of his skills,
- Organize the partnerships necessary to allow its students to follow a school path in parallel with their dance training.
- Organize any activity promoting the scenic experience and the professional integration of its students.
- Organize the accommodation and catering of its students to allow them to follow the training in good conditions.
- Manage the equipment that it will support.
- To implement any activity or action necessary to achieve its object.

ARTICLE 2- ADMINISTRATIVE REGISTRATION

2.1 Administrative formalities

The trainee or his legal representative if he is a minor must complete the administrative formalities of the registration contract and the annexes, otherwise the registration will not be validated.

2.2 Registration fees

The total amount of the chosen formula (s) is payable upon registration, otherwise it will not be validated.

2.3 Accommodation

Accommodation requests are made at the time of registration in the "accommodation option" form, this accommodation formula is reserved in priority for trainees who have chosen the unlimited lessons formula and for underage students. A waiting list can be created if the boarding school is full.

ARTICLE 3 - OBLIGATIONS

Trainees are placed, throughout the duration of the internship, under the authority and responsibility of the School. No trainee is allowed to leave the establishment without authorization.

3.1 Outfits

Correct and decent attire is required throughout the site.

3.2 Using the mobile phone

The use of mobile phones is prohibited in school and artistic buildings. It is strictly forbidden to film or photograph an intern or a member of the school staff without the latter's authorization. In the event of non-compliance with article 4.8, the Management reserves the right to confiscate the telephone. It will be kept by the School Life Service and given to the family or the trainee as the case may be within 48 working hours.

3.3 Using the mobile phone to film and take photos

The use of the mobile phone to film and take photos is exceptionally authorized for parents and accompanying adults during the open houses organized on certain courses.

ARTICLE 4 - HEALTH

4.1 Authorizations for emergency care

The parents or legal guardian of the minor or adult trainee authorize the establishment to take the necessary measures, medical or surgical, on the person of the registered trainee.

4.2 Accident

In the event of an accident during the internship, the trainee must draw up an accident declaration within 24 hours, with the "school life" service.

4.3 Insurance of the establishment

Any trainee must be able to justify when registering a civil liability and personal accident insurance in his own interest. No trainee will be able to start the course if the insurance certificate has not been provided.

A compulsory membership of 34 € is requested from each trainee at the time of registration. This membership is an additional insurance which covers the trainee in the event of a bodily accident. According to the terms of insurance of the establishment.

4.4 Health Cluster

The establishment has a Health Centre and a network of practitioners specialized in the care of dancers. Many of them work in the school's premises and are permanently linked to the "life at school" service and the teaching team. The activity of the Health Centre at the PNSD is entrusted to a non-profit association dedicated to the training of physical, psychological and social health for young dancers: «DANCE ENVIRONMENT SANTE».

ARTICLE 5 - HYGIENE AND SAFETY RULES

5.1 Tobacco

The smoking ban applies within the establishment including open spaces with the exception of places designated for this purpose (public health code, article L3511-7 and decree assigned to collective use) . This provision extends to the use of electronic cigarettes.

5.2 Alcohol, illicit products

It is strictly forbidden to introduce alcoholic beverages and illicit products into the establishment. Any failure to comply will result in a sanction that can go as far as the permanent exclusion of the establishment.

5.3 Take meals

Meals or meal items are not permitted in studios, classrooms or rooms. It must be carried out in the places provided for this purpose canteen, terrace canteen, foyer of the Mas, Foyer of the boarding school.

5.4 What to do in the event of an incident or accident

In the event of an incident or accident, witnesses will be required to notify the personnel present. In the absence of personnel present, it will be necessary to call 15 (SAMU) or 18 (FIREFIGHTERS) specifying: The address of the establishment: 140 allée Rosella Hightower 06250 MOUGINS The place // The nature of the accident, its importance // The number of possible injuries.

5.5 Evacuation and containment rules

The trainee is required to comply with the evacuation or containment instructions given by the establishment. Any user of a space must accept or facilitate the inspection or intervention of security teams. It is strictly forbidden to use fire safety equipment (alarms, extinguishers, etc.)

5.6 General safety

It is strictly prohibited:

- To clutter the circulation spaces and emergency exits
- Take exits or passages that are not intended for the movement of trainees
- Access to technical rooms - Handle any device related to the safety of people or property -
- Make any changes to heating, lighting and electrical installations -
- Manipulate sound, video, stage lighting, scenography, acoustic panel devices etc ... without the presence of a staff member.
- Introduce dangerous objects or products (sharp objects, flammable products, bombs or self-defense ...).

5.7 Rules of conduct

Trainees are responsible for their personal belongings and must respect those of their classmates.

It is recommended not to bring any valuables or large sums of money. Lockers are available to trainees who they must close with a personal padlock.

The establishment declines any responsibility in the event of theft, loss, disappearance or damage to personal effects.

5.8 Respect for premises and maintenance staff

Everyone's concern must be cleanliness, proper use of school premises. It must also be respect for the work of the people responsible for maintenance.

Material damage will give rise to financial compensation to cover the replacement or repair of the property concerned, regardless of the corresponding sanctions taken in this regard.

ARTICLE 6 - PROHIBITED BEHAVIORS, SANCTIONS

6.1 Prohibited behaviors

It is notably prohibited:

- To act in such a way as to harm or endanger people or equipment;
- Introduce and store dangerous, flammable or explosive materials;
- To bring and consume illicit substances in the establishment;
- Degrading the building;
- Degrading or modifying in any way the equipment and materials of any kind (including heating, ventilation and air conditioning systems, electrical equipment and lighting);
- To handle untimely or put out of service any equipment or device related to the safety of people or goods;
- Manipulate lighting, scenography, acoustic panels... outside the presence of a teacher or a technical manager;
- To clutter the openings;
- To disturb educational activities as well as the conduct of examinations and competitions;

- To lack respect for the staff of the establishment or the personalities invited;
- Smoking inside the establishment, including in the open spaces, with the exception of places specifically designated for this purpose;
- To use for profit-making purposes, without the authorization of the management, the school's material and instrument spaces;
- To use for illicit consultation or downloads the equipment and the computer room made available to the trainees, to degrade or move the said equipment and to connect their personal computers without authorization to the network sockets in the room;
- To reprograph, even partially, the protected partitions and works;
- To introduce animals into the establishment.
- Any damage, act of violence or theft may result in the immediate eviction from the premises. Violating trainees are liable to the disciplinary sanctions mentioned in article 7.2 of these regulations.

6.2 Sanctions

Any breach of the provisions of these rules of procedure will be subject to disciplinary action.

Most of the trainees' failures can be resolved by direct dialogue between the trainee and the trainers. However, persistent or serious breaches will be naturally penalized and will justify the implementation of a disciplinary procedure or of appropriate sanctions aimed at making the student understand that he must adopt himself behavior compatible with the requirements of his personal work and collective life.

ARTICLE 7 - USE OF PREMISES

Access to the premises of the establishment (dance studios, classrooms, boarding school, etc.) is prohibited for anyone outside the school without written authorization from the Management.

7.1 Access to dance studios

7.1.1 Opening hours

The dance studios are open for the entire duration of the course from 8h to 20h.

7.1.2 Specific rules of behavior for studios

- Trainees must respect the timetables and the lesson schedules.
- Only bags of spikes and bottles of water are allowed in the studios. Other personal effects must be left in the lockers made available in the changing rooms and closed with a personal padlock.
- Dress shoes are prohibited in dance studios
- Any deterioration will result in financial penalties and / or compensation.

7.1.3 Respect for premises and maintenance personnel

Everyone's concern must be cleanliness, proper use of school premises. It must also be respect for the work of the people responsible for maintenance.

Material damage will give rise to financial compensation to cover the replacement or repair of the property concerned, regardless of the corresponding sanctions taken in this regard.

7.1.4 Liability for theft

Trainees are responsible for their personal belongings and must respect those of other trainees. It is not recommended to leave your personal belongings in the studios or to store them in the lockers made available in the changing rooms and closed with a personal padlock. The establishment declines any responsibility in the event of theft, loss, disappearance or damage to personal effects.

7.2 Access to the canteen

7.2.1 Access

Access to the canteen is reserved for people with a training card or a meal ticket.

7.2.2 Opening hours

Breakfast: 7:30 a.m. to 9 a.m. Monday to Sunday.

Lunch: 12 p.m. to 2 p.m. Monday to Sunday.

Dinner: 7 p.m. to 8:30 p.m. Monday to Friday - 7 p.m. to 8 p.m. Saturday and Sunday.

7.2.3 Eating meals

All meals must be consumed on site, the responsibility of the PNSD and its catering provider is not engaged if the trainee consumes the meal distributed outside the restaurant.

7.4 Boarding school

7.4.1 Access

Outside the boarding house, access is strictly prohibited to any non-internal person.

7.4.2 Rules of the boarding school

The internship regulations define the rights and obligations of interns

ARTICLE 8 - SPECIAL AUTHORIZATIONS

Trainees may be photographed, recorded and / or filmed during their stay at school. The establishment may use, for the promotion of the image of the School, for the design of communication or advertising tools, for itself or for any other authorized natural or legal person, ~~without financial compensation specific, these possible shots or recordings on any medium~~, for the duration of the student's education and for a period of 10 years after the departure of the trainee.

RESIDENCY PNSD REGULATION - TRAINEES

ARTICLE 1 - PREMISES

The PNSD boarding school Rosella Hightower is located at: 560 ch du château, 06250 Mougins.

The boarding school is accessible by car for accompanying persons who come to pick up an intern according to defined timetables.

The rooms consist of one to three beds and are shared by same-sex trainees. The PNSD reserves the right to modify the room plan during the internship.

The boarding school building is reserved for internal trainees. Access to the rooms is prohibited for anyone foreign to the boarding school. However, accompanying persons are allowed to enter the room with the intern during the arrival and departure times. External trainees can take advantage of the boarding house, the PNSD reserves the right to prohibit access to any trainee who does not respect the rules of life.

A Wi-Fi internet connection is available free of charge. The use of the Internet is the sole responsibility of the trainee and his parents, who entrust him with what to connect to. The establishment configures by default filters, to block the access to certain sites in order to protect the trainees, in particular against the risks of pedophilia and the contents considered as shocking for their age (pornography, violence). The Establishment cannot be held liable in the event of consultation of illegal or dangerous sites.

ARTICLE 2 - COMPLIANCE WITH SCHEDULES AND TESTING OF TRAINEES

2.1 Check-in times for trainees:

- For all boarding school interns, interns must go to the boarding school reception, return their room key and indicate their place of destination.
- For any trainee who has not arrived at the reception before 9 am, a check will be made in the room.
- In case of absence during the dance, a check will be made in the room.
- Compulsory presence at the boarding school no later than 30m after the end of the course
- Compulsory presence at the boarding school at 8 p.m. for interns under the age of 15
- Compulsory presence at the boarding school at 9 p.m. for interns over 15 years old
- At bedtime, the trainees will be shown to their room by the supervisors. (CF bedtime) A punctual check-up can be carried out overnight by the boarding master. In the event of an exceptional delay, they must contact the internship supervisor on 06 63 36 81 57.

2.2 Bedtime

Age	Boarding School Presence	Room presence(except animations)	Lights out
10 - 15 years old	8 p.m	9.30 p.m.	10 p.m.
Over 15 years old	9 p.m.	10.30 p.m.	11 p.m.

From 9 p.m., silence must be respected by all in the interests of rest. Audio devices are tolerated as long as they are used with sufficient discretion, up to a maximum of 9 p.m.

ARTICLE 3 - AUTHORIZATION TO EXIT FROM THE ESTABLISHMENT

Minor trainees are not allowed to leave the PNSD enclosure without the authorization of the legal representative.

An exit authorization form must be completed during registration by the family, on which it will indicate the names of the persons authorized to collect the child and the exit authorizations given: permanent or with restrictions. If the exit authorization form was not provided during registration, the establishment will apply the exit rules for trainees aged 10 to 14.

3.1 Restrictions and authorization for 10-14 year olds:

- The trainee is not allowed to leave the establishment alone.
- The trainee can go out accompanied by a member of the management team.

3.2 Restrictions and authorization for 14-18 year olds:

- The intern is authorized to leave the establishment alone according to the hours authorized by the families.
- The trainee can go out accompanied by a member of the management team.

The trainee is required to respect the return time. In case of exceptional delay, the intern or the family must contact the supervisor at 06.63.36.81.57 or 04.93.94.79.95.

3.3 Restrictions and authorization for people over 18:

The intern is free to leave the establishment without authorization. He must however respect the exit rules (signal his exit by signing the exit register).

3.4 Exceptional exit request:

(excluding authorizations given by the family during registration)

The family must send an exit authorization email to the following address: internat@pnsd.fr.

ARTICLE 4 - HEALTH

The legal representative of the trainee or the major trainee authorizes the Establishment to take the necessary measures, medical or surgical, on the person of the registered trainee.

There is no infirmary on the PNSD site. It is recommended that trainees bring a small pharmacy and para-pharmacy (see keychain).

If necessary, the PNSD will call in a doctor with the advice of the family. Payment will be made via the deposit left at the start of the course, care sheets will be given to the family at the end of the course.

The intern intern will be allowed to stay in boarding school during the day with the prior agreement of the "School Life" Service.

ARTICLE 5 – HYGIENE - MAINTENANCE AND RESPECT OF PREMISES

Everyone's concern must be cleanliness, the proper use of the school premises. It must also be respect for the work and the people who are responsible for the maintenance.

Material damage shall give rise to financial compensation to cover the replacement or repair of the property concerned, irrespective of the corresponding penalties taken in this respect. The costs of repairing the damaged property will be shared between the roommates of the room (except for the bed). Interns are responsible for their room and must ensure that no one damages their room.

All the material handed over (including the key) equipping the rooms and common areas is subject to a deposit which will be retained in case of non-repayment or damage.

All rooms are cleaned twice a week.

As a result, internal students are asked to:

- Store their room (no clothing or objects should be left on the floor)
 - Emptying and unloading their bins in containers placed at their disposal outside the building
 - Ventilate their rooms daily
 - Sort their waste and respect the corresponding containers
 - Clean their room if necessary between the maintenance staff. A "cleaning kit" is available to the trainees
- Any unordered room will not be cleaned. Failure to comply with these provisions will result in sanctions and lack of maintenance by our staff.

Sheets and pillowcases are provided and changed every two weeks by the School. Changes are made on the 2nd and 4th Fridays of the month.

Blankets are available. Students can bring their own sheets, allow 2 pairs of laundry time.

Management of Detergents

A lingerie equipped with washing machines and dryer is in free access. For the youngest (before 14 years old) the linen will be taken care of by the school staff once a week maximum. Students will be required to use a laundry bag provided and remove it to the laundry. The clean linen will be returned to the room, dried with dryer or to be extended according to the instructions of the families. A complete laundry package (net, laundry, washing) is included in the invoicing of the course.

The other interns (14+ years) will have access to the lingerie according to their needs, they will simply have to reserve a niche of use at the reception of the boarding school. A complete laundry package (net, laundry, washing) is included in the invoicing of the course.

ARTICLE 6 – ACTIVITIES OUTSIDE DANCE CLASSES

On-site or off-site activities may be offered during the course. It is recommended that trainees bring pocket money to pay for the outings (max: 15€).

During these outings, the trainees undertake to follow the recommendations of the supervising staff and to respect the departure/return times.

Activities are not offered during the inter-training.

ARTICLE 7 – LETTER

Mail for trainees should be sent specifying the name of the trainee to INTERNAT PNSD, 140 Allée Rosella Hightower 06250 MOUGINS

Mail will be distributed to students through the "School Life Service" and parcels will be picked up at the school reception. The trainee will be asked to sign the register for the receipt of packages.

ARTICLE 8 – ECO-CITIZEN GESTURE

Respect for the environment is one of the important concerns we wish to convey to our trainees. For everyone to adopt an eco-citizen behavior it is necessary to think about:

Save the energy:

- Pay attention to the use of water (shower baths, cut water when brushing your teeth... etc.)
- Turn off room light, heating or air conditioning during the day
- Do not allow phone and other chargers to be connected at all times (risk of fire)
- Avoid the use of the dryer, by drying your laundry outside

Respect for the environment:

- Garbage disposal and sorting to assist with waste recycling

ARTICLE 9 – SECURITY

It is strictly forbidden:

- To introduce or use any dangerous object or product
 - Introducing or consuming alcoholic beverages, illicit substances
 - Smoking inside the boarding school and in the rooms.
 - Eating in the rooms
 - To make displays on the walls of the rooms or corridors (small displays on bed heads and metal cabinets are tolerated with pate to be fixed).
 - Use appliances with electrical resistances (toaster, iron, electric plate, etc.) in the rooms
- Use power strips (power strips allowed)

It is imperative to lock the door of your room at each exit even for an absence of a few minutes and imperatively every night.

The safety rules will be given to trainees on the first day of the internship.

All accidents occurring within the premises of the establishment must be reported immediately to the Service "Life at School". It is strongly recommended not to leave money or valuables unattended. The establishment may not be held liable in the event of theft, loss, disappearance or damage of personal effects.

During the night, the trainee will dial 205 of his landline telephone station to reach the intern master, if he is unable to dial the number, the phone stall will be enough to reach him directly after 10 seconds without numbering.

Room door closures are conducted several times in the evening and at night.

ARTICLE 10 – SANCTIONS

In case of non-compliance with the rules mentioned in this regulation, the establishment will contact the family.

Trainee failures can, for the most part, be resolved through direct dialogue between the trainee and the trainers or supervisors.

Non-compliance with these rules may extend to the exclusion of the establishment.